UNIT I : INTRODUCTION

UNIT II : THEORIES OF PERSONALITY
Freudian and Neo Freudian psychoanalytic theories, Kurt Lewin’s field theory, Carl Rogers, Maslow, Skinner, Bandura, Allport, Cattell, Hans Eysenck, Robert McCrae and Paul Costa: The Five-Factor Model.

UNIT III : CLINICAL AND HEALTH PSYCHOLOGY
Personality Disorders, Anxiety Disorders: Schizophrenia, Depression, delusional disorders, Substance abuse disorders - Causes and Symptoms. Psychophysiological disorders and General Adaptation syndrome.

UNIT IV : THERAPEUTIC PSYCHOLOGY

UNIT V : GUIDANCE AND COUNSELLING

UNIT VI : ASSESSMENT AND APPLICATIONS OF GUIDANCE AND COUNSELLING
Assessments: Achievement, ability, aptitude, attitude, interest and personality. Application of guidance and counselling in family, educational, organisational, health and community settings.

UNIT VII: PSYCHOLOGY FOR HUMAN RESOURCE DEVELOPMENT
UNIT VIII: TRAINING AND DEVELOPMENT

Types of Training: on the job and off the job. Conflict Management, Stress management, Presentation and communication skills.

UNIT IX: RESEARCH METHODOLOGY

Research process. Problem and hypothesis, Variables, Sampling- Probability and non - probability sampling Research design, Methods of data collection, Establishment of reliability and validity, Development of Norms. Qualitative research techniques. Report writing.

UNIT X: PSYCHOLOGICAL STATISTICS